Boy Scout Service (Launde) Remember now they creator in days of we are always glad when it comes and time to have the Boy Scants with us we are using for our Text "Remainler now they creater in the days of they youth" and using for an subject. "The Boy " tcout cath" we want to supposinge there words - "on my honor I will do my best to keep myself a. physically strong 6. neutally awake c. morally straight now it is understood that we are all Bay Scants here to-night_ I will keep myself physically strong. This is a fine thing to do - It is and duty to had to do it - we read in the Brlile "will a man rob bod?" we usually Take this to mean "will a man not wool of money?"- 100 mut possibility- 50 mit delivery = 30 unit loss to had-How are we going & do this? -1. By doing certain things-a. Ent Anoperly- good all consts & openand, i. Sleep about a third of the Time, one beau said "Ent properly and sleep 's of this?

is worded wrong the said it aught is he this way " leep properly and ed a third of the time " -But to sleep and eat is not enough we must exercise - Swing play had, mow the yord - make without gonden (in land when make your head -This is Recting Humically thoong by boing 2. we can keep tohyncally git by learning of some things - your bodycome a slave to it - The thing you become a slave & becomes your martes. ene man was such a slave to drink that he said-"I drinking niterferes with your I. "I will keep my self mentally awake" your mind is the head light of your body- you want to keep it bright and drivingyou will not do this by reaching middy dirty filthing magaines - and Rothing that will be fed an Those things that will clarify it - Construct it mather than ten it town. can do it - poor boys have me. ceeded-

II. "I cance keep my self morally straight" Have a strong body - a keen well having mind - there aroan all of that with pure religion and you will be a power in This world -The spiritual site of your life is real adf- at han eller your today note It gives Courage to stand when the going is tough

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